

B A L I - E s s e n c e s

Essences for the INNER GROWTH

Nr.	Name	Effect	BALI-Essences – short discription
1	Pink LOTUS	Heartopening	Opens the heart-center big and wide, awakens the love of the source inside you, the new feminine quality of being. Lets you overcome limits, connects all selves to one BEING.
2	White LOTUS	Purity and Devotion	Gives wisdom and purity of the heart, devotion to the LIGHT, strengthens the faith into oneness, let the door of the heart open up fearless for new loving touch. Strengthen the self-grace and Christlove, the unity of the heart. Cools and relieves heart-pain, comforts and heals.
3	White WATERLILY	Clarity and Beauty	Gives radiant, inner Beauty and focused clarity, protection and warmth. Presents laughter, joy and variety, openness and expansion in all directions in attentionness.
4	White LILY	Tenderness	Refreshment, Coolness, tenderness of the heart. Brings comfort in the storms of life, protects and preserves tenderness, stimulates the inner strength and mastership. Supports collective consciousness and unity.
5	Violet WATERLILY	Wideness and Enlargement	Strengthen higher chakras and centers, opens up for visions, lightful levels, new perspective and expression. Transformation of old pain in the chest, gives inner space, unlimited wideness and freedom, ALL THAT IS results.
6	Violet Orchid	Greatness and Beauty	Inner greatness and divine beauty of being, to perceive, awaken, acknowledge, live, share with others. Consciously to realize and enjoy the variety of beauty.
7	HELICONIA	Inner Fire	Effects the 3 lower chakras, loosens emotional chaos, suffering, pain and victim-posture, develops the true, pure feelings. Sets on inner fire, strengthen the faith in yourself and your uniqueness. Strengthen your life-force, joy of life, your inner power-potential, to live as creator.
8	BANANA-LEAF	Harmonize	Effects soothing, calming down, self-healing, relieves cramps, cooling, antiseptic on all body-systems, harmonizes the vegetative nervous-system. Supports breaking of blockades, cramps, different kinds of pain, also psychic pains (like headache, cramps, menstruation-complaints.)
9	RICEFIELD	Humbleness	Makes soft, gentle and humble – humbleness in BEING. Strengthen your inner power, stillness, greatness and beauty, your divine BEING. Soothes the waves of emotion. Nourishment for the bodily, emotional and mental level.
10	BANYAN-TREE-ENTITY	Development	Lets the own greatness and variety be known, accept and live. Enlargement, development, connection between heaven and earth. Supports awe and thanks as well without rating, devoted acceptance for matter. Fortifies and increases the rooting, mental growth on all levels.
11	PLACE of POWER	Retreat and Power	Retreat, tranquillity, stillness, wisdom, to draw strength. Opens up for visions, inspiration, new ideas, new concepts and wisdom. Centering and anchor, to rest in your BEING. For recognize enlargement, greatness an beauty of your inner light and work from your inner temple of quietness and wisdom.

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Essences for the INNER GROWTH

Nr.	Name	Wirkung	BALI-Essenzen - Kurzbeschreibung
12	STARGATE	Ascension	Pillar of light – Stargate – opening to the 7. Dimension Strengthen courage and faith of the higher existence of light and a secure connection to other worlds and dimensions. Helps, visions and ideas effective to realize. Lets you draw strength and light from your star-home, for fulfilment of your soul-assignment here and now. Tender, secure and steady growth, learning and recognizing on the ascension-ladder to the light. Effects the 3 rd magnetic eye-chakra (on the forehead), opens up for interdimensional travels, supports meditation, purpose fulfilment of your soul.
13	LIGHT-ENTITIES of the PLACE	Destination	Brings you nearer to your destination, the fulfilment of your soul, the purpose of your being here. Strengthen the accomplishment of co-creator in you. Decoding for soul-growth and the development of your being. Supports you to discover your place in the big plan in a dignified way. Strengthen integrity and faith in yourself, gives protection, power, safety and lightful stabilization. Lets you recognize in yourself the Rainbow-Warrior, the peaceful warrior for the highest light.
14	The GUARDIANS	Protection and Leadership	Sensibility to the perception of your own boundary, protection through carefulness and vigilance. Supports you to realize your limits, to perceive, to guard and not to crossover or let other crossover. Gives you space, strengthen you and guards your Self. Protects your work, home, family, possessions, the place, where you work and live.
15	DOLPHIN-Energy	Joy	Playful easiness of Being – wisdom of the heart – collective consciousness. Breaking up old hurts of the heart, of injustice, fear, heaviness, limitation. Strengthen freedom, boundlessness, commonness, feeling to belong and group-consciousness for a loving, joyful togetherness in safety, diversity, playful easiness and joy. Enter new ways through collective LIGHT-communication.
16	HOT SPRINGS	Balance	Warmth/cold-balance, temperature regulation, for relaxation, to feel well, calming, balance, to get new strength. Release cold, rigidity and prime-fear, prime-confidence. (Supports rheumatism, hormone-system, hot flashes, rage, blood-pressure-regulation.)
17	HOLY SORING	Purification and Clarification	Purification and clarification on all level of BEING, helps to bury the old in yourself. Brings you nearer to your source in purity and clarity, breaks up everything, washes it clean, what you not longer are. Coolness and softening, clarity for the new beginning. In the quietness, in the transformation is the strength.
18	THE NEW MORNING	Consolation and Hope	The old will be released, though new things can arise. LIGHT illuminates your way, breaks up the darkness, gives comfort and hope. Gives strength and courage for the New, lets you realize the beauty in times of deep darkness and despair.